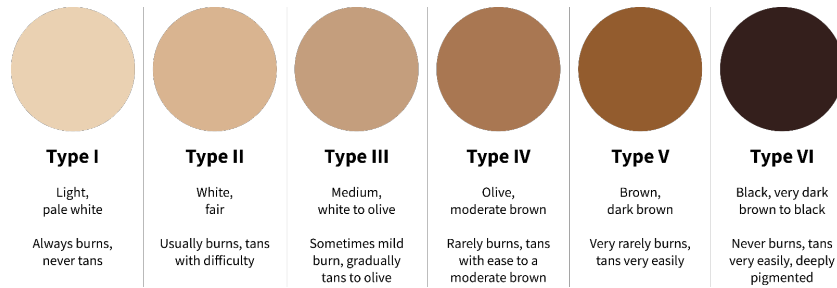


The Perfect Prep for Plasma Pen

The Fitzpatrick Skin Type is a skin classification system. Skin Types range from very fair (Type I) to very dark (VI). Outside of specialist practitioners with specific training and access to specific products and mitigators then only skin types I, II and III on this scale can safely be treated with full Plasma Pen treatment. When dark/black skin is injured (i.e. through the micro-trauma created by Plasma Pen), there is a greatly increased risk of hyperpigmentation or hypopigmentation. If you have Indian or African ancestry it is unlikely your technician will be able to treat you safely unless they are performing limited spray rejuvenation work and/or have specialist training and the relevant products and mitigators in place.



By now, we are sure you are interested in receiving plasma pen treatments, and for good reason! This revolutionary non-surgical treatment is gaining popularity all across the globe.

We understand how eager you are to get in for your consultation and get started, BUT...

There's a lot more to it! Of course we want to be able to treat anyone and everyone, but our job is set you up for success and keep you safe. There are risks involved, and the main risk is hyperpigmentation (scarring). Certain skin types are more prone to this risk, namely Fitzpatrick types III & IV (types V & VI are NOT EVER safe to treat). If you fall under a Fitzpatrick III or IV, you will be required to adhere to a strict pre-treatment regimen to mitigate the risk of post-inflammatory hyperpigmentation that can occur from Plasma Pen treatments (if poorly prepped).

The pre-treatment protocol is non-negotiable, as are the post-treatment measures. It will make or break your treatment. 50% of your outcome depends on the device and skill of your certified Plasma Pen technician, and 50% depends on your compliance.

Even if you are yet to receive your in-person consultation, but you know you are interested in receiving Plasma Pen treatments and are a III-IV or have a history of hyperpigmentation (beyond just normal sun damage), we recommend getting a head start on the mandatory 6-week Perfect Prep regimen for by taking the following measures NOW!

1. Avoid the sun, UV lamps, fake tanners, etc.
2. Apply spf 50 daily to the entire face
3. Ingest oral vitamin C supplements (2,000 mg/day).
4. *This one is mandatory, and the most important:* Apply daily to the face a tyrosinase inhibitor and a cosmeceutical-grade vitamin c serum to the skin (Image Skincare's Iluma Intense brightening serum, or Image Intense facial illuminator). Prepping with a medical-grade Vitamin C serum will also promote healing as well as optimize collagen production from your treatment. *You may call or email ahead and we can work with you to select the right options for tyrosinase inhibiting and vitamin C-containing topical products.
5. Discontinue use of retinoids and hydroxy acids 2 weeks prior.
6. Refrain from receiving any professional chemical peels, lasers, or any other deep skin treatments on the area(s) you are interested in treating 4 weeks prior.
7. Avoid receiving injections (For example, Botox or filler) 3 weeks on either end if you plan to have that same area treated with Plasma Pen.

